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#### Snapshot

- Year in and year out, a single index will often outperform a welldiversified portfolio.
- Yet outperformance is difficult to predict—and over time, the diversified portfolio tends to perform well despite consistently falling short in any single year.
- Although it often leads to challenging conversations between financial advisors and investors, we believe diversification is the right approach.

# Diversification: It's Not Always Easy to Do the Right Thing

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### **Everybody loves a winner**

In a world where the S&P/TSX Composite and S&P 500 Indexes set near alltime highs, the traditional well-diversified investment portfolio has fallen out of favour. While diversification is a time-tested method of portfolio construction that reduces risk (standard deviation) and delivers more consistent returns, it doesn't deliver the kind of attention-grabbing performance that has been making headlines. So, as is often the case during periods of strong equity performance, investors are generally left disappointed when comparing diversified portfolio returns with those of a single index.

### Diversification rarely wins in any given year...

Many investors want to buy last year's winner; in the short-term, this strategy sometimes works well. Over the past 10 years, a trend-following strategy—one that invests in the top-performing asset class from the prior year—would have been the top performer 40% of the time. Similarly, a contrarian strategy—one that invests in the worst-performing asset class from the prior year—would also have been the top performer 40% of the time. A diversified strategy that invested equally in each asset class would have been the top performer only 20% of the time.



Past performance is no guarantee of future results.

# ...But diversification also rarely loses

Looking solely at how often each strategy outperforms tells only part of the story. When considering the number of times each strategy was the bottom performer, we observe that both the trend-following and contrarian styles finished worst 40% of the time. The diversified portfolio finished last in just two out of 10 years, returning 0.83% in 2007 and 6.33% in 2014.

# The proof

While the trend-following and contrarian strategies tend to have a greater opportunity to register headline-grabbing short-term outperformance, they also have the highest tendency to underperform. The diversified strategy may not have the same opportunity to achieve dramatic short-term gains, but it offers relative stability that helps avoid significant losses in a given year. Over longer, multi-year periods, a strategy that successfully avoids significant losses will tend to outperform and experience less volatility. This is the reason responsible financial advisors recommend diversification as the right thing to do for their clients.

If we examine the 10-year period as a whole, we observe that the contrarian strategy performed quite well, gaining 6.4% annualized—but with stunningly high volatility of 24.1% annually. It's worth noting that nearly all of these gains were generated during just two years, 2009 and 2016, when the strategy invested in highly volatile Canadian small companies. The trend-following strategy generated a significantly smaller gain of 3.1% annualized over the 10-year period, but had relatively better (but still high) volatility of 21.3% annually. The diversified strategy gained a solid 4.7% annualized and recorded a significantly lower volatility of 10.6% annually. If we look at return per unit of risk (simply dividing returns by volatility), we see the contrarian strategy returned 0.26% per unit of risk and the trend-following strategy returned just 0.15% per unit of risk. The diversified strategy, with its more consistent performance, returned 0.44% per unit of risk. It's clear that the diversified strategy has produced the top returns over the long term on a risk-adjusted basis.

## It's not always easy to do the right thing

Over the past decade, prudent financial advisors have had to defend performance of well-diversified portfolios in eight out of 10 annual client meetings. While this task may seem daunting, just imagine having to defend a trend- following emerging-market equities portfolio after it plummeted by 41.6% in 2008. The contrarian strategy presented similar challenges, losing ground in three of four years, with losses of 2.2%, 3.5% and 9.6% in 2012, 2013 and 2015, respectively.



SOURCE: SEI/Bloomberg Past performance is no guarantee of future results.

### **Chart disclosures**

Asset-class returns are based on the same indices as indicated below. Performance begins 1/1/2007 and continues through 12/31/2016. In each of these years, "Trend Following" uses the current-year return of best-performing asset class of the previous year. "Contrarian" uses the current year return of the worst-performing asset class of the previous year. "Diversified" uses a return equal to the return of a portfolio of equally weighted asset-class returns in each year.

2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
EME	Short Term Fl	Canadian SC	Canadian SC	Real Return	U.S. HY	U.S. SC	U.S. LC	U.S. LC	Canadian SC
18.20%	8.55%	62.37%	35.1%	18.34%	16.18%	48.13%	23.44%	21.03%	38.48%
Canadian LC	Canadian Fl	U.S. HY	U.S. SC	Canadian Fl	EME	U.S. LC	U.S. SC	EAFE Equity	Canadian LC
9.83%	6.41%	55.77%	20.23%	9.67%	15.61%	42.04%	14.34%	18.95%	21.08%
Cash	Cash	EME	Canadian LC	Short Term FI	EAFE Equity	EAFE Equity	Real Return	U.S. SC	U.S. SC
4.26%	2.56%	51.58%	17.6%	4.65%	14.71%	31.01%	13.18%	14.63%	17.11%
Short Term Fl	Real Return	Canadian LC	U.S. HY	U.S. HY	U.S. LC	Canadian LC	Canadian LC	Canadian Fl	U.S. HY
4.09%	0.42%	35.05%	14.83%	4.49%	13.84%	12.99%	10.55%	3.52%	16.97%
Canadian FI	U.S. SC	Real Return	EME	U.S. LC	U.S. SC	U.S. HY	Canadian Fl	Real Return	U.S. LC
3.68%	-17.10%	14.49%	12.67%	4.01%	13.77%	8.19%	8.78%	2.79%	8.17%
Real Return	Commodities	EAFE Equity	Real Return	Cash	Canadian LC	Canadian SC	EME	Short Term FI	Commodities
1.59%	-19.5%	11.9%	11.08%	0.90%	7.18%	7.59%	6.62%	2.61%	7.90%
U.S. HY	U.S. LC	U.S. LC	Commodities	U.S. SC	Canadian Fl	EME	EAFE Equity	EME	EME
1.30%	-21.9%	9.06%	10.73%	-1.80%	3.59%	3.93%	3.66%	2.03%	7.34%
Canadian SC	U.S. HY	U.S. SC	U.S. LC	Canadian LC	Real Return	Short Term FI	U.S. HY	Cash	Real Return
0.89%	-28.3%	7.99%	10.03%	-8.70%	2.85%	1.74%	3.28%	0.59%	2.85%
Commodities	EAFE Equity	Canadian Fl	Canadian FI	EAFE Equity	Short Term FI	Cash	Short Term FI	U.S. HY	Canadian Fl
-1.4%	-29.1%	5.41%	6.74%	-9.90%	2%	0.96%	3.06%	-4.50%	1.66%
EAFE Equity	Canadian LC	Short Term FI	Short Term FI	Commodities	Cash	Canadian Fl	Cash	Canadian LC	Short Term FI
-5.7%	-33%	4.53%	3.56%	-11.10%	0.90%	-1.10%	0.88%	-8.30%	1.01%
U.S. LC	EME	Commodities	EAFE Equity	EME	Canadian SC	Commodities	Canadian SC	Commodities	Cash
-10.20%	-41.6%	0.97%	2.12%	-16.40%	-2.20%	-3.40%	-2.30%	-9.60%	0.53%
U.S. SC	Canadian SC	Cash	Cash	Canadian SC	Commodities	Real Return	Commodities	Canadian SC	EAFE Equity
-16.50%	-45.4%	0.36%	0.42%	-16.40%	-3.20%	-13%	-9.50%	-13.30%	-2.4%

SOURCE: SEI, Morningstar

#### **Index definitions**

Asset categories represented by: Canadian LC S&P/TSX Composite Index (CAD), U.S. LC Russell 1000 Index (CAD), EAFE Equity MSCI EAFE Index (Net) (CAD), EME MSCI Emerging Markets Index (Net) (CAD), Canadian FI FTSE TMX Canada Universe Overall Bond Index (CAD), Short Term Bond FTSE TMX Canada ST Bond (CAD), Real Return FTSE TMX Canada RRB - Universe Overall Bond Index (CAD), Cash FTSE TMX Canada 30-Day T-Bill Index (CAD), U.S. HY BofA Merrill Lynch US High Yield Constrained Index (CAD), Commodities Bloomberg Commodity Total Return Index (CAD), Canadian SC S&P/TSX SmallCap Index (CAD), U.S. SC Russell 2000 Index (CAD). Performance as of 12/31/2016.

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